MY FIRST INTERVIEW

This activity is designed to help you begin to develop insight into your preferred method of interviewing. During this activity you will interview a person and use several different methods and tactics to figure out where your comfort zone is; when it comes to interviewing, the more practice you have the easier it becomes!

Step 1: Who will you be interviewing? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Step 2: What will you be interviewing them about? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Step 3: Generate a list of seven questions:

Step 4: Begin the interview and start taking notes using pen and paper. Do this for two questions.

Step 5: Stop the interview. Using your cell phone or another device, record the interview, sound only, for the next three questions.

Step 6: Stop the interview. Using a video camera, phone or tablet, video and audio record the last two questions of the interview.

REFLECTING BACK ON YOUR EXPERIENCE, ANSWER THE FOLLOWING QUESTIONS:

1. Did you like using pen and paper to record notes? Why or why not?
2. What were the challenges or benefits?
3. Did you like using audio only to record notes? Why or why not?
4. Did you feel you were able to relax more while the interview was being recorded? Why or why not?
5. How did you feel about video recording the interview?
6. How did the footage you got with the video compare to the audio only?
7. Compare the three methods and explain which one you feel is most effective for you.